



Monday, February 16th – Jost Van Dyke Excursion

Ship Port Hours: 8:00 AM – 5:00 PM

Location: Tortola → Ferry to Jost Van Dyke

Schedule

Meeting Time: 8:00 AM

Meeting Location: Right off the ship. Check in with Lyndsey and then wait for instructions. We will be walking a short distance to get on the Ferry.

Arrival Location: Great Harbour, Jost Van Dyke

Departure from Jost: 3:30 PM (Ferry will drop off & pick up at Great Harbour, Jost Van Dyke)

When we arrive at Jost Van Dyke I have arranged taxis that will take us all over to Ivan's Stress Free Bar! **Please only get in the taxi's that I direct you to!** Ivan's will be our home base for the day. There are chairs, shade and a staff ready to make sure you have the best day ever! Please note, there are not 120 beach chairs, so please be kind and share chairs with your friends or pull up a slice of sand. Most of us will spend the day soaking up the sun in the beautiful Caribbean blue waters or wandering from beach bar to beach bar.

There are LOTS of other beach bars within walking distance of Ivan's. You are able to walk the path over to the famous Soggy Dollar bar, Gertrude's, Hindu's Hideaway, Coco Loco's and more. If you don't want to make the walk you are welcome to take one of the taxis. It is \$5/person, each way.

You are also welcome to go to Foxy's and the other bars in Great Harbour. It is your day to explore the island. Again, Taxi's are \$5/person, each way.

We will begin leaving Ivan's around 2:30pm to start making our way back to Great Harbour, So, if you are exploring please head back to Ivan's by that time so we can load the Taxi's.

Keep in mind that if you don't stay with the group it is your responsibility to get to the Ferry dock by 3:00pm. We will be leaving promptly at 3:30pm from Great Harbour to head back to Tortola! Please text me at 202-374-9380 or let me know if you will not be taking the taxi from Ivan's to Great Harbour.

For those that have done this excursion with us in the past...Gertrude's family no longer runs her beach bar which is why we have changed the venue! However, we are still supporting her family by making Ivan's our home for the day. 😊

What's Included

- Ferry Transportation to Jost Van Dyke
 - Tips for Ferry Crew
 - Drinks on the Ferry to and from the island
 - Transportation via taxis to Ivan's and the return to Great Harbor.
 - Chairs & Entertainment at Ivan's such as volleyball, ring toss, and music.
 - A beautiful beach in paradise to enjoy for the day!
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Food & Drinks

Food and drinks on the island are on your own.

Ivan's has offered to set up a buffet for quicker service if you are interested. It will be \$40/person and will include Jerk Chicken, Cheese Quesadilla, Fish Taco's, Hot Dogs, Ribs, Mac & Cheese and Fries.

If you are interested in purchasing the buffet please click on this link to sign up! Please note, you will pay when we are at Ivan's.

SIGN UP HERE: <https://forms.gle/MHAqsDNS55dUGyno6>

I have also included their regular lunch menu for you to check out.

PLEASE REMEMBER: These are small, locally owned beach bars and restaurants (Foxy's, Soggy Dollar, Ivan's, etc.), which is part of the charm — but service can be slower. Don't stress, you're on island time!

Pro tip: If you don't do the buffet order lunch early so they have plenty of time to prepare your food. Many times it can take an hour to get your lunch.

What to Bring

- Swimsuit + coverup + Hat + Sunglasses
 - Towel
 - Sunscreen
 - Cash/card for food & drinks
 - ID + Sea Pass Card
 - Flip flops or easy beach shoes
 - Your fun, go-with-the-flow island attitude 😎
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Things to Note:

- Do not swim or walk along any of the rocks in the water. Sea urchins live there and trust me you DO NOT want to step on one of those.
- Don't forget the sunscreen...and keep reapplying. It's only the first day!

- The famous drinks on the island are the Pain Killer, Bushwacker and Rum Punch! AND they are strong...so beware!

If you have any questions at all, just reply and I've got you. Otherwise... get ready to enjoy some painkillers, bushwackers and a perfect beach day 🍹☀️

Team Cocktail Crew, let's gooo!

Cheers,
Lyndsey



LUNCH MENU

Appetizers

CRACK CONCH \$17 / CONCH FRITTER \$15 (LOCAL)
Golden pieces of tender Anegada conch-w/ Classic Marie rose sauce

COCONUT SHRIMP \$18
Coconut crusted shrimp served w/ Sweet Chili Sauce

IVAN'S RUM RIBS (SIGNATURE) \$18
Pork ribs rubbed w/ our in-house blend, braised low and slow then tossed in our smoky rum infused BBQ sauce

STRESS-FREE WINGS (GLUTEN FREE OPTION AVAILABLE) \$15
6 pieces of juicy golden wings in your favorite sauce buffalo***spicy mango***sweet passion***bbq***naked***plain

PARMESAN CRUSTED CHICKEN TENDERS \$18
Lightly breaded tenders in parmesan- garlic ranch dressing

MOZZARELLA BITES \$12
In-house made mozzarella stick served with chipotle mayo

CHEESY NACHOS \$15
Warm crispy nachos layered with melted cheese topped with fresh tomato salsa, served with guacamole and sour cream

Salads

CATCH OF THE DAY (MP)
Please ask server

AHI TUNA SALAD \$27
Sesame oil seared Tuna, seaweed salad, mango salsa, wasabi, house dressing, and soy sauce

CARIBBEAN STYLE OCTOPUS SALAD \$23
Tender slices of Octopus served w/ marinated olive salad, tossed leafy greens and lemon vinaigrette

CHICKEN CAESAR \$20
Cuts of tender chicken over crispy romaine dusted with parmesan cheese

MOZZARELLA SALAD \$22
Fresh mozzarella, slices of tomatoes, leafy greens, pesto dressing and balsamic reduction

MARKET SALAD \$20
Mixed leaves, tomatoes, onions, carrots, cucumber and radish tossed and serve

Ivan's **STRESS FREE** Bar



LUNCH MENU

Sandwiches

STRESS-FREE BURGER \$20
Ivan's signature grilled burger topped with lettuce, tomatoes, sauteed onions, pickles, and chipotle mayo
Add cheese \$2.00 Add bacon \$4.00

SAVORY GRILLED FISH SANDWICH \$22
Fresh local catch grilled to perfection, served on a bun with lettuce, tomato, and tar tare sauce

BLT CLUB SANDWICH \$15
Classic combination of crisp bacon, fresh lettuce, tomatoes, avocado, and chipotle mayo
Add cheese \$2.00

Wraps

JERK CHICKEN \$21
Marinated chicken, lettuce, tomatoes, mango chutney, mango jerk sauce

DYNAMITE SHRIMP WRAP \$24
Marinated jumbo shrimp, lettuce, tomatoes, mango chutney, mango jerk sauce

FISH TACO \$22
Tempura fried fish in 3 taco shells topped with tomato salsa, and served with guacamole and sour cream

LOBSTER TACOS \$ 32 (IN SEASON)
Butter poached lobster in 3 taco shells topped with lettuce, mango, parmesan, tomato salsa and chilli mayo, and served with guacamole and sour cream

THREE CHEESE QUESADILLA \$14
Served with sour cream, guacamole, and fresh tomato salsa
Add Chicken \$9 Add Lobster (seasonal) \$14

VEGGIE CURRY ROTI \$13
Add Chicken \$9 - conch \$12 - Lobster \$14
With rice / Green Salad

All Burgers, Wraps and Sandwiches are served w/ your choice of Salad or Hand Cut Fries

\$6 SIDES: HAND CUT FRIES, CHEFS RICE, FRIED RIPE PLANTAINS, COLESLAW

Ivan's **STRESS FREE** Bar